

Food Items to Donate

Protein Foods: Meat, Poultry, Fish, Dry Beans, and Nuts <ul style="list-style-type: none"> • peanut butter • canned tuna • canned chicken • canned salmon • canned beef stews • bean soups • canned or dried beans • baked beans • canned chili • canned nuts 	Grains: Bread, Cereal, Rice, and Pasta <ul style="list-style-type: none"> • cereal (cold/hot) • rice and rice mixes • canned pastas • dry noodles and pastas • macaroni and cheese mix • crackers • granola bars • bread and muffin mixes • pancake mix • flour • noodle mixes
Vegetables <ul style="list-style-type: none"> • spaghetti sauce • canned tomato products • canned vegetables • vegetable soup • V-8 juice 	Fruits <ul style="list-style-type: none"> • canned fruit • canned and boxed 100% juice • raisins • applesauce • dried fruits
<ul style="list-style-type: none"> • Dairy: Milk, Yogurt and Cheese • nonfat dry milk • evaporated milk • instant breakfast drinks • small boxes of shelf-stable (UHT) milk • canned and boxed pudding 	<ul style="list-style-type: none"> • Condiments • honey • mayonnaise • vegetable oil • salad dressing • syrup

Non-Food Items to Donate

Paper Products <ul style="list-style-type: none"> • toilet paper • paper towels • tissues 	Soap Products <ul style="list-style-type: none"> • bar hand soap • hand sanitizer • laundry and dish detergent
Personal Care Products <ul style="list-style-type: none"> • deodorant • toothbrushes/toothpaste • shampoo-small size • shaving cream/razors 	Extras <ul style="list-style-type: none"> • tea/coffee • hot chocolate • sugar

Please donate packages sized for individuals or families, not bulk.

Non-glass jars preferred

THANK YOU FOR YOUR SUPPORT!!!